Computational Analysis on

Commercially Available Stent Designs



KRISTI BASU, PRANAB GHOSH, SUVRANGSHU DAS, SAUNAK BHATTACHARYA ABHIJIT CHANDA SCHOOL OF BIOSCIENCE AND ENGINEERING JADAVPUR UNIVERSITY



ATHEROSCLEROSIS- the problem





WHAT IS A STENT?

A stent is an artificial 'tube' inserted into a natural passage/conduit in the body to prevent, or counteract, a disease-induced, localized flow constriction. The term may also refer to a tube used to temporarily hold such a natural conduit open to allow access for surgery.

Material requirements of stents

Radiopacity
 Biocompatibility
 Haemocompatibility
 Corrosion-resistance
 Good fatigue properties



Design Requirements of Stents

High Radial Strength >Low Elastic Radial Recoil **Good Flexibility** >Low Stent Profile ➢ Good Trackability >Minimal Foreshortening Minimal Elastic Longitudinal Recoil > Optimum Scaffolding



Restenosis : A MAJOR CONCERN

• Result of arterial damage with subsequent neointimal tissue proliferation

• Binary angiographic restenosis is defined as >= 50% Iuminal narrowing at follow up angiography

•20% restenosis rate in 12 months
•restenosis occurring in 20-50% of vessels stented with bare-metal stents
•3%-20% restenosis rate in DES
•DES have reduced restenosis rates significantly
However, stent design is a still a major determinant of in-stent restenosis



How Do We Stop RESTENOSIS

S

T

A

T

E

 \bigcirc

F

A

R

T

Methodology of the Study (1)

Analysis of Clinical Data



Identification of various materials and designs used in commercially used stents

Identification of the stent deployment pressures by which a stent is inflated

Patient Profile

Percentage	Coronary Artery			Total number of people
Stenosis	LAD	LCA	RCA	in each category of
				stenosis
≤ 50 %	2	0	0	2
50- 60%	4	3	4	11
60- 70%	2	3	6	11
70- 80%	0	2	3	5
80- 90%	6	4	2	12
90- 100%	4	3	8	15
Total number of people with stenosis in each artery	18	15	23	GRAND TOTAL 56



Measurement of Stenosis



$$Do = Dv - Dr$$

% Stenosis =
$$\frac{Dv - Dr}{Dv} X$$
 100

Why COMPUTATIONAL MODELING?

Q: In a free fall, how long would it take for an object to reach the ground from the Leaning Tower of Pisa?

Ans:Ihaveneverperformedthisexperiment.



Stationary Analysis of Stent expansion:









Stationary Analysis of Stent expansion:

- 1. COMSOL Multiphysics® v4.3A
- 2. Structural Mechanics Module
- 3. Symmetry applied in all its arms (struts)
- 4. Boundary conditions:
 - Deployment pressure of 14 atm, 15 atm and 16 atm applied at the inner wall of the stent
 - A pressure of 780 KPa applied in the outer wall of the stent by atherosclerotic plaque build up

Stationary Analysis of Stent expansion:

Material properties of stent materials:

S. No.	Material	Density (kg/m³)	Modulus of Elasticity (GPa)	Poisson's Ratio	UTS of material (MPa)
1.	316L SS	7850	193	0.226	595
2.	L 605 Co-Cr	9100	243	0.3	1020
3.	Pt- Cr	9900	203	0.3	834
4.	Ni- Ti	6478	83	0.3	1100-1200
5.	Tantalum	1669	185	0.35	285



PS STENT Expansion

S. No.	Material	Von Mises Stress (MPa)		s (MPa)	Surface: von Mises stress (N/m ²)	MULTIPH
		at 14	at 15	at 16		▲ 8
		atm	atm	atm		7
		pressure	pressure	pressur		
				e		
1.	316L	878.53	1020.3	1162		
	Stainless					1
	Stee1					
					0.2 0.15 0.1	• • •
2.	L 605 Co-Cr	558.96	649.15	739.35	0.05	
3.	Pt- Cr	599.56	696.22	792.88		
4.	Nitinol	871.93	1012.60	1153.3] z	
5.	Tantalum	866.85	1006.7	1146.6	V t ×	
						▼ 8.5

PS STENT FAILURE AND SUCCESS

S. No.	Material	Will FAILURE occur?		occur?	Surface: von Mises stress (N/m ²)	COMSOL
		at 14	at 15	at 16		▲ 8.7193×10 ⁸ ×10 ⁸
		atm	atm	atm		8
		pressure	pressure	pressur		
				e		
1.	316L	YES	YES	YES		6
	Stainless					1. ₅
	Steel					
						4
2.	L 605 Co-Cr	NO	NO	NO	0.2	3
3.	Pt- Cr				-0 -0.2	2
		NO	NO	NO	10253	
4.	Nitinol	NO	NO	NO	X X	
5.	Tantalum	YES	YES	YES	1	▼8.9214×10 ⁶

Bx VELOCITY Stent Expansion

S. No.	Material	Von Mises Stress (MPa)			
		At 14 atm pressure	At 15 atm pressure	At 16 atm pressure	
1.	316L Stainless Steel	475.59	552.28	628.96	
2.	L 605 Co-Cr	470.66	546.56	622.45	
3.	Pt- Cr	469.0	544.88	620.66	
4.	Nitinol	470.62	546.51	622.39	
5.	Tantalum	466.79	542.06	617.32	

Bx VELOCITY Stent Expansion

S. No.	Material	Will F			
		At 14 atm pressure	At 15 atm pressure	At 16 atm pressure	
1.	316L Stainless Steel	NO	NO	YES	
2.	L 605 Co-Cr	NO	NO	NO	
3.	Pt- Cr	NO	NO	NO	
4.	Nitinol	ΝΟ	NO	NO	
5.	Tantalum	YES	YES	YES	

Conclusion (1)

- 1.Stent deployment technique was an important factor that determined the success or failure of stents.
- 2.Stainless Steel stents might experience Mechanical failure under high deployment pressure.
- 3.L 605 Cobalt Chromium Alloy is highly acceptable biomaterial.
- 4.Platinum Chromium alloy also makes a very good metallic alloy for coronary stent design.
- 5.Nitinol can also be considered as a good biomaterial provided other aspects of the material like nickel release and corrosion gives satisfactory results.
- 6.Tantalum should be avoided when considering stent designs

Conclusion (contd.)

•The high values of Von Mises Stress in the stents lead to arterial injury which leads to neo intimal hyperplasia resulting in Restenosis.

•Even if the stresses exceed the UTS of the material, it doesn't necessarily lead to immediate breakage of the metallic stents.

But as a result of this phenomenon micro cracks are likely to develop in the body of the stents which due to fatigue loading over time ultimately contributes to mechanical failure of the stents.



- **1.** Laminar Flow module of COMSOL Multiphysics
- 2. Time dependant Analysis
- 3. Pulsatile flow employed.

 $f(t) = \begin{cases} \sin \pi t & 0 \le t \le 0.5s \\ 1.5 - 0.5 \cos(2\pi(t - 0.5)) & 0.5 < t \le 1.5s \end{cases}$

- 4. Blood density: 1060 kg/m3
- 5. Newtonian and non Newtonian models used.
 - For Newtonian: viscosity is **0.004** Pa.S
 - For Non Newtonian: Power law Model is utilized.

Here *m*= 1.029

n= 0.703

$$\mu = m \left(\frac{\partial \gamma}{\partial t} \right)^{n-1}$$

STRUT DESIGNS...



Rectangular struts

Square struts

Circular struts

Boundary assumptions



Behavior of Rectangular struts (0.2mm X 0.1mm) in Newtonian Fluid Model







Behavior of Rectangular struts (0.2 X 0.1mm) in Non Newtonian Fluid Model

recirculation length (mm) during STRUT optimization



recirculation length (mm) during FILLET optimization







Recirculation – the Culprit

Recirculation (mm) In Newtonian Models



Recirculation (mm) In Non Newtonian Models



Conclusion (2)

- 1. In rectangular struts best results achieved when struts are placed at a distance of 1.5mm apart (Newtonian model) and 1.25mm apart (Non Newtonian Model).
- 2. Square and Circular struts delivered best results in terms of achieving minimum recirculation length if they were placed 0.7mm apart regardless of the Newtonian/ non Newtonian blood behavior
- 3. Presence of rectangular struts initiated larger recirculation lengths when compared with square or circular struts.
- 4. The rectangular struts initiated large vortex formations in the central region of fluid flow
- 5. The square shaped struts of stents gave the best results in our study. The recirculation lengths were found to be least in the case of square shaped struts

FUTURE SCOPE OF STUDY

More clinical data analysis (n≥ 500) required to find the exact trends in coronary artery disease where stent angioplasty is incorporated

Intra Vascular Ultrasound images in this kind of clinical study would greatly enhance in finding the nature of stenosis and the exact three dimensional nature of atherosclerotic plaque

radial design of the stents should be simulated so as to achieve exact mechanical behavioral patterns

Radial displacement of stents due to expansion

Detailed analysis of various factors counteracting the stent expansion

Inlet flow pressure of coronary artery, Reynold's number or vorticity indices should be included

FUTURE SCOPE OF STUDY

For a complete analysis of stents behavior, the research should be carried out under the following three radiuses:

Extensive Clinical Analysis

Complete Computational Analysis of stents incorporating all factors of structural mechanics and fluid dynamics

Experimental analysis of various designs and fluid dynamics

References...

- •Ganong's Review of Medical Physiology, 23rd Edition. McGraw Hill
- www.wikipedia.org
- •www.ptca.org
- •www.cornell.edu
- C. Lally, D. J. Kelly, P. J. Prendergast. Stents. 2006. Wiley Encyclopedia of Biomedical Engineering
 Metals Handbook , tenth edition, Volume 2: Properties and Selection: Nonferrous Alloys and Special-Purpose Materials, ASM International, Materials Park, Ohio, 1990, 1328 pages.
- •O'Brien B, Stinson JS, Larsen S, et al. A platinum chromium steel for cardiovascular stents. Biomaterials. 2010;31:3755-3761.
- Rainer Hoffman, Gary S Mintz, Philipp K Haager, Togul Bozoglu, Eberhard Grube, Michael Gross, Christian Beythien, Harald Mudra, Jurgen vom Dahl, Peter Hanrath. Relation of stent design and stent surface material to subsequent in- stent intimal hyperplasia in coronary arteries determined by intravascular ultrasound. Am J of Cardiol. 2002. 89(12): 1360- 1364
 Barbara Huibregtse, Juan F. Granada. New DES Platforms. Cardiac interventions today 2011 p: 35-39
- Osterle, S. N., Whitbourn, R., Fitzgerald, P. J., Yeung, A.C., Stertzer, S. H., Dake, M. D., Yock, P. G., Virmani, R. (1998). The stent decade: 1987 to 1997. American Heart Journal, 136, 579-599
 Kastrati A, Mehilli J, Dirschinger J, et al. Intracoronary Stenting and Angiographic Results: Strut Thickness Effect on REstenosis Outcome (ISAR-STEREO) trial. Circulation. 2001;103:2816- 2821
 Briguori C, Sarais C, Pagnotta P, et al. In-stent restenosis in small coronary arteries: impact of strut thickness. J Am Coll Cardiol. 2002;40:403-409.

References...

•<u>Frédérique Etave</u>, <u>Gérard Finet</u>, <u>Maurice Boivin</u>, <u>Jean-Claude Boyer</u>, <u>Gilles Rioufol</u>, <u>Gilbert</u> <u>Thollet</u>, Mechanical properties of coronary stents determined by using finite element analysis. J Biomech.2001. vol 34 Issue8 pg 1065-75

•<u>Migliavacca F</u>, <u>Petrini L</u>, <u>Colombo M</u>, <u>Auricchio F</u>, <u>Pietrabissa R</u>. Mechanical behavior of coronary stents investigated through the finite element method. J Biomech.</u> 2002 Jun;35(6):803-11.

•Foin N, Alegria E, Sen S, Petraco R, Nijjer S, Di Mario C, Francis DP, Davies JE. Importance of knowing stent design threshold diameters and post-dilatation capacities to optimise stent selection and prevent stent overexpansion/incomplete apposition during PCI. Int J Cardiol. 2012 Oct 31. pii: S0167-5273(12)01291-0

 Barbara M Johnston, Peter R Johnston, Stuart Corney, David Kilpatrick, Non-Newtonian blood flow in human right coronary arteries: steady state simulations. J Biomech 37(2004) 709-720
 <u>Mohammadi H</u>, <u>Bahramian F</u>. Boundary conditions in simulation of stenosed coronary arteries. <u>Cardiovasc Eng.</u> 2009 Sep;9(3):83-91

•<u>Wu W</u>, <u>Qi M</u>, <u>Liu XP</u>, <u>Yang DZ</u>, <u>Wang WQ</u>. Delivery and release of nitinol stent in carotid artery and their interactions: a finite element analysis. <u>J Biomech.</u> 2007;40(13):3034-40

•Linxia Gu, Shijia Zhao, Ashwini K. Muttyam, James M. Hamel. The Relation between Arterial Stress and Restenosis Rate after coronary Stenting. Journal of Medical Devices 4 (2010), no. 031005.



